



**CITY OF MARIETTA  
& THE NATIONAL  
RECREATION & PARKS  
ASSOCIATION PRESENTS  
WALK WITH  
EASE**

**A program for better living,  
*proven to reduce the pain of arthritis and  
improve your overall health.***

For more information, contact:  
Omar at [ookwandu@mariettaga.gov](mailto:ookwandu@mariettaga.gov)  
or 770-794-5630



Online registration can be found at  
<https://secure.recl.com/GA/city-of-marietta/catalog>



**March 6<sup>th</sup> thru  
April 10<sup>th</sup>**

**Every Monday,  
Wednesday and  
Friday at 9:00am**

**\$10 Registration  
per 6 week class  
online or in-  
person**

**Get Fit  
Make Friends**



**CUSTER PARK  
SPORTS &  
FITNESS CENTER**

**545**

**Kenneth E Marcus Way,  
Marietta, 30060**