

no matter where you are or what you are doing...

Would **YOU** know what **TO DO**?



Women's **Self Defense** Course

Date & Time: April 25, 27, May 2, 4 | 6pm—9pm

Classes are being held at the Marietta Police Department

240 Lemon Street, Marietta, Georgia 30060

The Rape Aggression Defense (R.A.D.)

System is a **12-hour** program of personal self-defense tactics and techniques taught by the Marietta Police Department. This **women-only** course is designed to be quick and effective in delivering pain to vulnerable locations of the attacker's body.

The course is designed so that women of all fitness levels and ages will successfully learn options to escape attacks. Must be a senior in high school; no jewelry is allowed during class. Gym attire is recommended.

R.A.D. is FREE; Donations are appreciated.

THESE COURSE DATES ARE ONLY OPEN TO HIGH SCHOOL SENIORS. Parents will need to attend the first hour to complete paperwork if student is under 18.

Please visit <https://seniorrad.eventbrite.com> to register for this course. *Space is limited.*

The class is filled on a first come first serve basis. Email Officer Valente with any questions you may have at avalente@mariettaga.gov

**Space is Limited.
Register**

Brought to you by:
MARIETTA POLICE DEPARTMENT



Space is Limited. Registration opens on April 4th at 8 am.